

LANGUAGES OF LOVE

QUIZ FOR WOMEN

Rachel Pill

READ EACH OF THE TWO STATEMENTS. CIRCLE THE LETTER THAT FITS THE STATEMENT THAT IS MOST TRUE FOR YOU.

1. Sweet notes from my husband make me feel good. **A**
I love my husband's hugs. **E**
2. I like to be alone with my husband **B**
I feel loved when my husband washes my car. **D**
3. Receiving special gifts from my husband makes me happy. **C**
I enjoy long trips with my husband. **B**
4. I feel loved when my husband helps with laundry. **D**
I like it when my husband touches me. **E**
5. I feel loved when my husband puts his arm around me. **E**
I know my husband loves me when he surprises me with gifts. **C**
6. I like going most anywhere with my husband. **B**
I like to hold my husband's hand. **E**

7. I value the gifts my husband gives me. C
I love to hear my husband say he loves me. A
8. I like for my husband to sit close to me. E
I like when my husband tells me I look good. A
9. Spending time with my husband makes me happy. B
Even the smallest gift from my husband is important to me. C
10. I feel loved when my husband tells me he is proud of me. A
When my husband helps in the house, I know he loves me. D
11. No matter what we do, I love doing things with my husband. B
Supportive comments from my husband make me feel good. A
12. Little things my husband does, mean more than words. D
I love to hug my husband. E
13. My husband's praise means a lot to me. A
It means a lot to me that my husband gives me gifts I like. C
14. Just being around my husband makes me feel good. B
I love it when my husband gives me a massage. E

15. My husband's reaction to my accomplishments is very important to me. **A**

It means a lot when my husband helps with something I know he hates. **D**

16. I never get tired of my husband's kisses. **E**

I love that my husband shows real interest in things I like. **B**

17. I can count on my husband to help me with projects. **D**

I still get excited when opening a gift from my husband. **C**

18. I love for my husband to compliment how I look. **A**

I love that my husband listens to me and respects my ideas. **B**

19. I can't help but touch my husband when he is close by. **E**

My husband runs errands for me, and I appreciate that. **D**

20. My husband deserves an award for all he does to help me. **D**

I am sometimes amazed at how thoughtful my husband is. **C**

21. I love having my husband's undivided attention. **B**

I love that my husband helps to clean and cook. **D**

22. I look forward to seeing what my husband gives me for my birthday. C

I never get tired of hearing my husband tell me I am important to him. A

23. My husband lets me know he loves me by giving me gifts. C

My husband shows his love by helping me without being asked. D

24. I like that my husband doesn't interrupt when I speak. B

I never tire of getting gifts from my husband. C

25. My husband is good about asking to help when I am tired. D

It doesn't matter where we go; I just want to go with my husband. B

26. I love cuddling with my husband. E

I love surprise gifts from my husband. C

27. My husband's encouraging words give me confidence. A

I love to watch movies with my husband. B

28. I couldn't ask for better gifts than my husband gives me. C

I love that my husband can't keep his hands off me. E

29. It means a lot to me when my husband helps me even if he is busy.

D

It makes me feel really good when my husband tells me he appreciates me.

A

30. I love hugging and kissing my husband after I have come back from Mikveh.

E

I love hearing my husband tell me he missed me.

A

A _____ B _____ C _____ D _____ E _____

A= WORDS OF AFFIRMATION

B= QUALITY TIME

C= RECEIVING GIFTS

D= ACTS OF SERVICE

E= PHYSICAL TOUCH

LANGUAGES OF LOVE

QUIZ FOR MEN

Rachel Pill, LMSW

**READ EACH OF THE TWO STATEMENTS. CIRCLE THE LETTER
THAT FITS THE STATEMENT THAT IS MOST TRUE FOR YOU.**

1. My wife's love notes make me feel good. A
I love my wife's hugs. E

2. I like to be alone with my wife. B
I feel love when my wife helps me do my work. D

3. Receiving special gifts from my wife makes me happy. C
I enjoy long trips with my wife. B

4. I feel loved when my wife does my laundry. D
I like it when my wife touches me. E

5. I feel loved when my wife puts her arm around me. E
I know my wife loves me when she surprises me with gifts. C

6. I like going most anywhere with my wife. B

- I like to hold my wife's hand. E
7. I value the gifts my wife gives to me. C
- I love to hear my wife say she loves me. A
8. I like for my wife to sit close to me. E
- I like when my wife tells me I look good. A
9. Spending time with my wife makes me happy. B
- Even the smallest gift from my wife makes me happy. C
10. I feel loved when my wife tells me she is proud of me. A
- When my wife cooks for me, I know she loves me. D
11. No matter what we do, I love doing things with my wife. B
- Supportive comments make me feel good. A
12. Little things my wife does mean more than words. D
- I love to hug my wife. E
13. My wife's praise means a lot to me. A
- It means a lot when my wife gives me gifts I like. C
14. Just being around my wife makes me feel good. B
- I love when my wife rubs my back. E

15. My wife's reactions to my accomplishments are
so encouraging. A
It means a lot to me when my wife helps me with something I
know she hates. D
16. I never get tired of my wife's kisses. E
I love that my wife shows real interest in things I do. B
17. I can count on my wife to help me with projects. D
I still get excited when opening a gift from my wife. C
18. I love when my wife compliments how I look. A
I love when my wife listens to my ideas and doesn't judge or
criticize. B
19. I can't help but touch my wife when she is close by. E
I appreciate when my wife runs errands for me. D
20. My wife deserves an award for all she does for me. D
I am sometimes amazed at how thoughtful my wife is. C
21. I love having my wife's undivided attention. B
Keeping the house clean is an act of love. D

**22. I look forward to seeing what my wife gives me
for my birthday.**

C

**I never get tired of hearing my wife tell me I am
important to her.**

A

23. My wife lets me know she loves me by giving gifts.

C

**My wife shows her love by helping me with projects
in the house.**

D

24. I like that my wife doesn't interrupt me.

B

I never tire of getting gifts from my wife.

C

25. My wife can tell when I am tired and helps me.

D

It doesn't matter where we go, I like going with my wife.

B

26. I love having sex with my wife.

E

I love surprise gifts from my wife.

C

27. My wife's encouraging words give me confidence.

A

I love to watch movies with my wife.

B

28. I couldn't ask for better gifts then I get from my wife.

C

I can't keep my hands off my wife.

E

**29. It means a lot to me when my wife helps me
even if she is busy with other things.**

D

**It makes me feel good when my wife tells me
she appreciates me.**

A

30. I love hugging and kissing my wife after Mikveh.

E

I love hearing my wife tell me she believes in me.

A

A_____B_____C_____D_____E_____

A= WORDS OF AFFIRMATION

B= QUALITY TIME

C= RECEIVING GIFTS

D= ACTS OF SERVICE

E= PHYSICAL TOUCH